



Body & Face

Beauty Boutique and Treatment Rooms

01903 746 555

treatments@bodyandface.biz



Welcome

On behalf of the team at Body & Face, I would like to welcome you to our salon. We hope you enjoy your time with us and if there is anything further we can do to improve your visit do not hesitate to tell us.

Thank you for choosing Body & Face

Sharon

Sharon Sadler

Managing Director

To book a treatment,
please call 01903 746 555

More information on all treatments can be found at **www.bodyandface.biz** or email treatments@bodyandface.biz

Registered in England No: 5720517

VAT registered: 9104273602

Guinot Facials

Guinot Hydradermie² Age Logic

Specifically designed for anti-ageing, this luxurious facial gives all of the benefits of the Hydradermie² and much more. Using the superb Guinot anti-ageing products to target the eyes, face and neck, this treatment redensifies the skin, revitalises and smooths wrinkles to visibly rejuvenate your face.

Treatment	£80
Course of 6	£400

Guinot Hydradermie²

The Hydradermie² is an exclusive Guinot treatment that will make your skin youthful and radiant from the very first treatment. The Hydradermie² is tailored to your skin type to regenerate, oxygenate and deep cleanse your skin, leaving your face rested with a subtle glow.

Treatment	£64
Course of 6	£320

Guinot Eye Logic

This exclusive eye treatment helps to treat problems affecting the eye contour. Wrinkles, puffiness and dark circles.

Treatment	£45
Course of 6	£225

Guinot Hydra² Lift Express *

A lifting facial which gives long lasting visible results that improve the skins appearance. Designed for skin that shows a loss of elasticity, it treats both the skin and the delicate facial muscles for an immediate lift and overall boost in radiance.

Treatment	£54
Course of 6	£270

Guinot Hydra² Lift *Maintenance treatments*

After completing a Lift Express course you can select from the following two maintenance treatments. To maintain the effect it is recommended that you have a treatment every 4 weeks:

Guinot Hydra² Lift

Double the length of the Hydra² Lift Express and completed with a regenerating mask.

Treatment	£74
Course of 6	£370

Guinot Hydra² Lift Deluxe

Combining the superb Hydra² Age Logic with the Lift Express for the ultimate boost.

Treatment	£100
Course of 6	£500

* A course of 6 treatments is recommended with two treatments per week.



Guinot Facials

Guinot Hydra Peel Facial

This revolutionary skin renewal treatment even enables clients with sensitive skin to enjoy the benefits of an enhanced cellular regeneration peel. Hydra Peeling is a unique alternative to aesthetic medicine that erases visible signs of ageing, brightens skin tone and diminishes dark spots.

Treatment	£75
Course of 3	£187

Guinot Aromatic

An aromatherapy based facial combining essential oils to suit your skin's needs. This beautifully relaxing facial balances the skin, restoring radiance whilst softening fine lines and wrinkles. The treatment concludes with an aromatic mask that will leave your skin glowing and your face well rested.

Treatment	£54
Course of 6	£270

Guinot Age Summum

The Age Summum Treatment is the Ultimate hands on anti-ageing facial, immediately treating signs of ageing: Wrinkles and fines lines, loss of firmness, lack of radiance.

Treatment	£70
Course of 3	£175

The Express Facial

A short facial which is the perfect treat when time is precious. It includes a cleanse, exfoliation, mask and moisturise. While the mask is on, float away the daily stresses with a relaxing scalp massage.

Treatment	£30
------------------	------------

Guinot Liftosome

The Liftosome facial has been specifically developed to treat the problems associated with mature skin. Based on the use of orange extract, ginseng and collagen, this stimulating thermal facial regenerates and energises, leaving skin firm and radiant.

Treatment	£57
Course of 3	£156

ESPA™ Facials

ESPA facials begin with a detailed consultation and an in-depth skin analysis using SkinVision™ technology to identify skin conditions not visible to the naked eye. Your facial is specifically tailored to you, to include cleansing, exfoliation and extraction where necessary, and a treatment specific massage, mask and intensive serum. Finally, skin care products are chosen for your individual needs to achieve the best possible results. To maintain the ultimate in healthy radiant skin we recommend a facial once a month.

Intensive

Age-Defyer Facial

A luxurious and regenerating facial for maturing skin to help minimise lines and wrinkles around the eyes, neck, lips and jawline to help combat the signs of ageing.

Treatment **£65**

Optimal Skin Pro

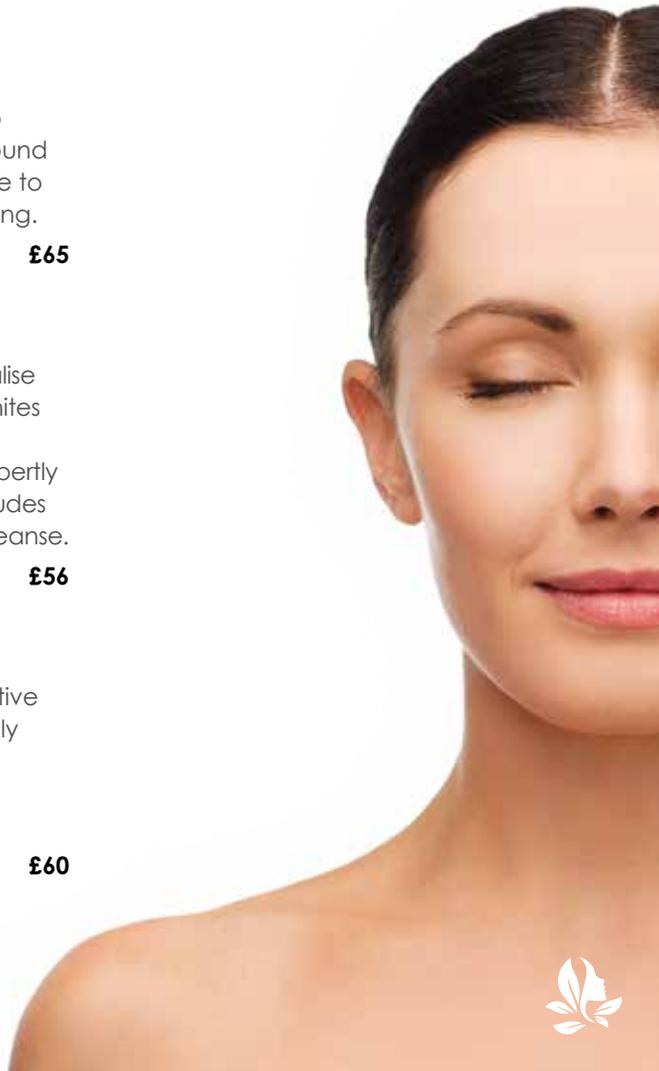
Rebalance, hydrate and revitalise with this targeted facial that unites the pioneering formulas of our Optimal Skin collection with expertly tailored facial techniques. Includes Clarisonic brushing for deep cleanse.

Treatment **£56**

Enzyme Facial

This powerful and highly effective natural facial peel dramatically smooths, softens and evens skin tone.

Treatment **£60**



ESPA™ Facials

Skin Solutions

Re-Hydrator Facial

An intensive, regenerating facial for dehydrated skin leaving it supple and nourished.

Treatment **£54**

Skin Radiance Facial

This revitalising facial treatment helps refresh tired skin, giving a noticeably brighter and naturally radiant appearance.

Treatment **£54**

De-Sensitiser Facial

A comforting facial for sensitive skin prone to redness and irritation, leaving skin calmed and nourished.

Treatment **£54**

Skin Purifying Facial

Ideal for oily, congested and problematic skin, or those suffering with hormonal imbalance.

Treatment **£54**

Personalised Express Facial

Your therapist will select the most suitable facial for your skin. Every ESPA personalised facial includes a consultation, SkinVision™ analysis, cleanse, exfoliation, personalised facial mask and finishes with an application of a booster serum to suit your skin. Great for those who are short of time.

Treatment **£30**



Inner Calm Massage

Find your Inner calm with these deeply relaxing and soothing treatments using a specially selected blend of oils, tailored to you.

Aromatherapy Massage

ESPA aromatherapy massage is essential, professional and specific, using a blend of individually chosen oils. A personal consultation will ensure that you receive a unique treatment to suit your specific needs.

Back, Neck & Shoulders	£36
Course of 6	£180
Back, Neck, Shoulders, Face & Scalp	£44
Course of 6	£220
Full Body	£59
Course of 6	£295
Full Body, Face & Scalp	£65
Course of 6	£325

Deep Tissue Muscle Massage

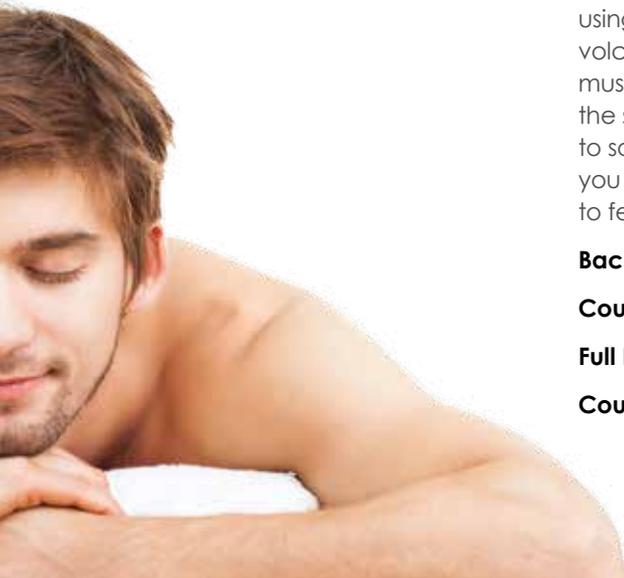
A powerful massage designed to alleviate deep-seated tension and muscular stress. Specialised techniques concentrate on specific areas of concern and alleviate common discomforts such as a stiff neck, lower back pain and sore, tight shoulders.

25 Minutes	£43
Course of 6	£215
40 Minutes	£53
Course of 6	£265
55 Minutes	£62
Course of 6	£310

Hot Stone Massage

A therapeutic full body massage using aromatherapy oils and warm volcanic stones to relieve deep muscle tension. The warmth of the stones penetrates your muscles to soothe aches and pains; helping you to unwind and your body to feel rejuvenated.

Back, Neck & Shoulders	£42
Course of 6	£210
Full Body	£65
Course of 6	£325



ESPA™ Body Treatments

We offer a huge range of solution led ESPA body treatments, each one designed and tailored specifically to ensure you experience the best physical and emotional therapeutic benefits depending on your needs.

Back, Face & Scalp Treatment

Renowned as our 'Hero' treatment and loved by all, this ESPA experience delivers triple results by targeting three key areas – the back, the face and the scalp. Includes back exfoliation, back massage, full personalised facial and scalp massage.

Treatment **£72**

Lift & Firm Hip & Thigh Treatment *

A highly effective, stimulating treatment to target cellulite, fluid retention and uneven skin texture. Ideal for people concerned by the appearance of cellulite.

1 Treatment **£42**

Course of 6 **£210**

Indian Head Massage

Indian head massage can release the stress that has accumulated in the tissues, muscles and joints of the head, face, neck and shoulders.

Treatment **£35**

Hopi Ear Candles & Sinus Massage

This soothing treatment helps to relieve pressure on the ears and sinus area. It induces a pleasant feeling of warmth and relaxation which can relieve stress and headaches.

Treatment **£32**

Reflexology

A well being treatment originating from Ancient Egypt and China, great for soothing aching feet, relieving stress, migraines and headaches and helping with circulatory, digestive or sinus problems. Well being treatment which has an uplifting and positive effect on the whole body.

1 Treatment **£42**

Course of 6 **£210**

Salt & Oil Scrub

This exceptional skin softening body exfoliation combines sea salts with essential oils to leave your skin nourished, smooth and supple. Perfect as a stand-alone treatment, or in preparation for an ESPA massage.

Treatment **£35**

* A course of 6 treatments is recommended.

ESPA™ Wraps

Detoxifying Algae Wrap

A body wrap specifically designed to comfortably raise the temperature and induce perspiration to help speed up the elimination of toxins and improve circulation. Marine algae combined with detoxifying body oil is blended and applied to help purify the body and hydrate the skin. The treatment ends with a mind calming scalp massage for ultimate relaxation.

Treatment £62

Course of 3 £124

Skin Hydrator Wrap

This personalised body wrap is a tailor-made experience designed to comfortably raise the temperature, nourish the skin and increase the effects and absorption of the wrap. Starting with exfoliation, a complete body wrap of algae or marine mud combined with essential oils is blended and applied to meet your specific needs.

Treatment £62

Course of 3 £124

Tanning

Fake Bake Tan **

The award winning way to achieve a naturally bronzed look. A full body exfoliation is carried out followed by a full body tan which is manually applied by your therapist.

Treatment £40



** Patch test required 24 hours in advance of the treatment



CACI Ultra skin Rejuvenation

CACI Ultra Anti-Ageing Facial

This highly advanced ultra anti-ageing treatment focuses on all your ageing concerns. Tiny electrical impulses to lift the muscles, a deep peeling action to gently resurface and cleanse the skin followed by LED light therapy to instantly plump fine lines and wrinkles.

Treatment	£77
Course of 5	£375
Course of 10	£693

Super CACI

Perfect for those who want an intense version of the 1 hour CACI treatment. This gives you 15 minutes extra to work on the areas of personal concern. Speak with your therapist to decide the best option for you.

Treatment	£69
Course of 5	£335
Course of 10	£620

CACI Eye

This targets fine lines, puffiness and dark circles around the eye contour, particularly where the eyebrow tends to lose definition.

Treatment	£30
Course of 5	£140
Course of 10	£270

CACI Ultra Non Surgical Face Lift

The CACI non-surgical face lift treatment delivers tiny electrical impulses that will lift and tone the facial muscles whilst improving skin elasticity and reducing the appearance of fine lines and wrinkles.

Treatment	£59
Course of 5	£285
Course of 10	£530

CACI Jowl

The CACI jowl lift has been developed to specifically target muscles around the jaw line. Using Quad probes specially designed to lift and firm the muscles and refine facial contours. This is used as part of our standard CACI facial treatments.

Treatment	£20
Course of 5	£95
Course of 10	£180

CACI Ultra skin Rejuvenation

CACI Ultra

This tailored anti-ageing facial has a gentle peeling action to resurface and deep cleanse the skin, leaving it brighter, smoother and intensively hydrated. LED light therapy is used to instantly plump out and soften lines and wrinkles.

Treatment	£46
Course of 5	£220
Course of 10	£410

Wrinkle Revolution

A non-invasive and needle free alternative to collagen injections and dermal fillers. It immediately plumps up any lines and wrinkles from the very first treatment. Perfect for a special occasion.

20 Minutes	£25
-------------------	------------

Active Acne

LED light therapy is used to stimulate our bodies natural healing and hydration systems. Light therapy is clinically proven to treat acne or even mild blemishes. Red and blue light is renowned for its anti-bacterial and inflammatory properties helping to instantly calm the skin and reduce redness.

Treatment	£35
Course of 5	£160
Course of 10	£310

Microdermabrasion

An excellent and progressive treatment for ageing skin, lines and wrinkles, open pores, black heads, pigmentation, blemish scars and acne scars. It offers a safe and controlled method of skin resurfacing by gently exfoliating the outer layers of skin. Regular treatment stimulates collagen and elastin formation, resulting in a firmer and more rejuvenated skin.

Treatment	£50
Course of 6	£250

Gorgeous Eyes

Eyebrow & Eyelash Tinting *

Eyebrow Tint	£12
Eyelash Tint	£17
Eyebrow Shape & Tint	£20
Eyelash & Eyebrow Tint	£22

Lash Extensions **

Lash extensions that are naturally curled, look gorgeous and feel weightless on your eye. Individual lashes are applied to your own eyelashes and look great. Lashes last up to 6 weeks and can be topped up to maintain the look.

Full Set	£55
In-fills (45 Minutes)	£30
In-fills (60 Minutes)	£40

Make-up

Make-up Lesson with bareMinerals

Tailored for all occasions including weddings. For more details please contact the salon.

1 Session	£31
------------------	------------

Manicure & Pedicures

We use OPI polish for all manicure and pedicure salon treatments. OPI is recognised as a world leading manufacturer of professional hand, foot and nail care products. Please remember to bring flip flops if you are having your toes painted.

Mini

Treatment can be either a file and polish or cuticle tidy with no polish.

Hands	£21
Feet	£22

Classic

Includes soak, scrub, massage, cuticle tidy, file and polish.

Hands	£30
Feet	£32

Deluxe

All the classic treatment plus a thermal mask treatment to soothe aches and smooth skin.

Hands	£34
Feet	£38

* Patch test required 24 hours in advance of the treatment

** First set to include first in-fill

OPI Gel Colour

The very latest addition to the OPI professional treatment range. A miracle manicure that dries in seconds and lasts longer, without losing shine or shimmer. It's hard wearing and does not scratch or smudge. When it's time to have the polish removed, it's as easy as 1, 2, 3. You can remove the polish yourself at home or visit the salon and we will do it for you.

Gel Polish Application

Nails filed, cuticles tidied and gel polish application.

Hands	£28
Feet	£30

Removal & Re-application

Polish will be soaked off, nails filed, cuticles tidied and gel polish re-applied.

Hands	£38
Feet	£40

Classic Manicure / Pedicure & Gel Polish

Application Soak and scrub, nails filed, cuticles tidied, massage and gel polish application.

Hands	£37
Feet	£41

Removal, Classic Manicure / Pedicure & Gel Polish Application

Polish will be soaked off, nails filed, cuticles tidied, gel polish re-applied plus scrub and massage.

Hands	£45
Feet	£48

Removal & Tidy

Polish will be soaked off, nails filed and cuticles tidied.

Hands	£20
Feet	£22



Hair Removal

Waxing

Lip or Chin	£10
Lip & Chin	£12
Eyebrows	£13
Underarm	£14
Forearm	£16
Bikini Line	£17
Inbetweeny Bikini	£20
Brazilian	£26
Hollywood	£35
½ Leg (lower leg)	£22
¾ Leg	£26
Top Leg	£28
Full Leg	£32
Top Leg & Bikini	£33
Full Leg & Bikini	£42

Men's Hair Removal

Back & Shoulder	£28
Chest & Stomach	£38

Threading

Lip or Chin	£10
Lip & Chin	£12
Eyebrows	£13
Whole Face* (excluding eyebrows)	£21

Electrolysis

Electrolysis is a safe, effective method of permanent hair removal. A course of treatment will be required. It can be used on the following areas: Abdomen, breasts, chin, ears, eyebrows, fingers, neck, nose, sideburns, toes, upper lip.

10 Minutes	£16
20 Minutes	£26
60 Minutes **	£75

* Price may vary dependent on level of hair growth

** To be used in 10 minute sessions



Salon Information

Appointments

To get the best from your treatment, we recommend you arrive 10 minutes before. Late arrival may reduce your treatment time.

Treatment Courses

Courses must be paid in advance and are valid for six months. Courses are non-transferable and non-refundable.

Cancellations

We require at least 24 hours notice of cancellation. Treatments cancelled within 24 hours will be subject to 50% cancellation fee.

Salon Environment

The Salon environment is one of tranquillity and relaxation. Please respect the peace and privacy of others. With this in mind may we request that you refrain from using your mobile phone and that children are not brought to the salon.

Wedding Packages

We can work with you to design tailored packages just for you. Please ask a member of the team to provide you with further information. Please enquire at the salon for wedding make-up.

Men's Treatments

Ask about our tailored treatments for men.

Products

We stock a wide range of beauty products including Guinot, ESPA, Australian Body Care, HOPI Ear Candles, Bare Escentuals, OPI and a selection of beauty essentials.

Gift Vouchers

Gift Vouchers are available for treatments and products. We can send gift vouchers to you or direct to the recipient.

**AUSTRALIAN
BODYCARE**

BARE ESSENTUALS

CACI
NON SURGICAL SOLUTIONS

**CRYSTAL CLEAR
PARICARE**

ESPA



GUINOT
INSTITUT • PARIS



O·P·I





“The salon environment is one
of tranquility and relaxation”

Opening Times

Monday 9am –5pm

Tuesday 9am –5pm

Wednesday 9am –8pm

Thursday 9am –8pm

Friday 9am –6pm

Saturday 9am –4pm

9-11 High Street, Storrington
West Sussex RH20 4DR



Body & Face are on Facebook,
follow our page for the latest news.

01903 746 555

www.bodyandface.biz

Printed 2017. Prices subject to change.